



OCTOBER
BREAST
CANCER
AWARENESS
MONTH

NORTH LANCASHIRE AND SOUTH CUMBRIA BREAST SCREENING NEWSLETTER

carly.taylor@mbht.nhs.uk 07970649153

Welcome to a special edition of the newsletter all for October's breast cancer awareness month!

As I know you will all be aware, October is breast cancer awareness month! We wanted to share some information with you at this time!

Are you encouraging your patients to be checking themselves? It is vitally important that women are continuing to check themselves and contacting their GP practice if they have concerns. One of the best ways you can do this is too share information on your social media platforms. Breast Cancer now is a great website to direct people to for information <https://breastcancernow.org/information-support/have-i-got-breast-cancer/signs-symptoms-breast-cancer>

They also have some great resources and images you can use <https://breastcancernow.org/information-support/publications/download-order>

You can order a limited number for free too! 😊

In previous years we have encouraged practices to do a display in waiting rooms, however this year it wouldn't be appropriate. So, we would like to encourage you to use your websites or social media instead to do a virtual display!

Every year some practices send us pictures of the great work they have done in promoting breast cancer awareness month, and this year is no different. If your practice has done some great promotion please email me with pictures carly.taylor@mbht.nhs.uk and we can share them in our next newsletter and on our social media! We are also hoping to have our Facebook page launching soon, and we will be in touch to share those details

with you as soon as we can.

In the last edition of the newsletter, we announced that our breast screening service was restarting. We are now offering screening again across all our screening sites. As we mentioned in the last newsletter we can only book a breast screening appointment when the lady has received an open invitation from us. If ladies are contacting you concerned because they haven't heard anything, please reassure them and advise them to wait until they receive their open invitation before contacting us.

Finally, we would just like to share with you the steps we have taken to be Covid secure:

- Appointment numbers have been reduced and appointment times have been extended to maximise social distancing
- We ask ladies when attending our buildings / mobile sites to come in alone, with the exemption of essential carers, to support social distancing
- We are asking ladies (unless exempt) to wear a face covering before entering any of our buildings / mobile sites
 - We have hand sanitizers available around our sites
 - We have installed Perspex screens at all of our receptions
- We have organised our waiting rooms to maximise social distancing
- Mammographers will be wearing full PPE; Mask, Gloves and Apron
 - Equipment is cleaned prior to and after each patient use

Best wishes,

North Lancashire & South Cumbria Breast Screening Programme

